

B A B Y BOOT CAMP

Baby Boot Camp is an all-day class designed to teach parents all that they will need for the first few weeks at home with their infant. The class covers such topics as:

- DIAPERING ● BOTTLE AND BREASTFEEDING
- HOW TO SOOTHE A FUSSY INFANT ● SAFE SLEEP
- WHEN TO CALL THE DOCTOR ● AND MUCH MORE!



2019 DATES

January 25, February 22, April 26, May 17,
August 19, September 27, December 6.

Register online or by phone.

NEW PARENT SUPPORT PROGRAM

703-614-7204

mccsHH.com/npspclasses.html

MARINE &
Family

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HENDERSON HALL