

# TRS

## Transition Readiness Seminar Capstone

—As an extension of the DoD mandate, the Marine Corps Transition Readiness Seminar (TRS) Capstone is a “face-to-face” meeting between unit Commanding Officers and their transitioning service members to review their Career Readiness Standards (CRSs) and overall readiness for transition.

—CRSs will be captured by the service member on Form 2648 eForm. Upon completion of the TRS and the CRSs (not all items will be completed during TRS), service members shall contact Henderson Hall’s CRMC to schedule an appointment for final review and signature. Once their appointment is complete with a transition counselor, they will need to schedule their Capstone meeting.

—During the Capstone meeting, the service member shall provide CRSs and supporting documentation to their CO/designee for the signed validation of a viable transition plan that also connects them with specific partner/external agencies that will assist in a successful transition from military to civilian life.

*By appointment only—  
please call 703-614-6828*

### **VA CLAIMS ASSISTANCE**

**Wednesdays, November 7 & 28**

**7:30 AM - 1:00 PM • Bldg. 29, Rm. 103**

An AMVETS representative will be at Henderson Hall to review service member medical records, and provide assistance with the Department of Veterans Affairs disability compensation claims process.

### **CAPSTONE REVIEW**

**Thursdays, , November 1, 8, 15 & 29**

**9:00 AM - 3:00 PM • Bldg. 21 & 29**

*(Individual Appointments)*

The Capstone event is a required face-to-face meeting between unit Commanding Officers and their transitioning Marines to ensure all Career Readiness Standards (CRSs) have been met prior to leaving active duty. Capstone must take place no earlier than 120 days and no later than 90 days prior to your separation / retirement date. Schedule an appointment to have your CRSs.

**UNITED STATES MARINE CORPS  
HENDERSON HALL**

**CAREER RESOURCE  
MANAGEMENT CENTER**

**FREE CLASSES**

**November 2018**

*Please register for all classes in advance.*

*Visit our page online at*

***[www.mccsHH.com/CRMCclasses.html](http://www.mccsHH.com/CRMCclasses.html)***

*for select class registration or call the  
CRMC at **703-614-6828**.*

*The workshops are open to all active duty service  
members, spouses, family members, and retirees.*



**Providing Employment Related Services to  
Transitioning Marines and their Family Members**



*Please register in advance for all classes by calling 703-614-6828*

### **TRANSITION READINESS SEMINAR (SEPARATION)**

**Monday - Friday, November 5-9**

**7:45 AM - 4:00 PM • Bldg. 21**

Designed to provide accurate and relevant information pertaining to benefits and entitlements available to those service members who are separating, and focuses on managing both personal and professional change.

### **BOOTS TO BUSINESS**

**Tuesday-Wednesday, November 13-14**

**8:30 AM - 4:00 PM • Bldg. 21**

Entrepreneurship and small business ownership is a key opportunity for service members and veterans as they transition to civilian life. This 2 day self-employment workshop is offered in collaboration among the U.S. Small Business Administration (SBA), the Institute for Veterans and Military Families (IVMF) at Syracuse University, and the Department of Defense. The workshop provides aspiring military-to-civilian entrepreneurs with the information they need in order to decide if self-employment is the right choice for them. Participants will learn how to evaluate applicable skills and personality traits needed for self-employment, identify types of business ownership, research the business market and competition, understand the importance of a business plan, and how to obtain financing.



### **ACCESSING HIGHER EDUCATION TRACK**

**Tuesday, November 13**

**9:00 AM - 3:00 AM • Bldg. 21, Rm. 105**

The Accessing Higher Education Track is designed to guide service members through the variety of decisions involved in choosing a degree completion program and preparing for the college admissions application process. During the pathway, participants will learn how to determine the appropriate college/university that satisfies career interests and goals, understand admissions criteria, and fund education through veterans' education benefits, Federal Student Aid Program (FAFSA), grants, and scholarships. The military-to-civilian track is offered as a supplement to the Separation TRS.

### **PRE-SEPARATION COUNSELING BRIEF**

**Thursday, November 15**

**9:30 AM - 11:00 AM • Bldg. 21**

The Pre-Separation Counseling Brief provides an overview of the transition process and requirements, available programs and support services, and benefits and entitlements upon separation or retirement from active military service.



### **SENIOR LEADERSHIP TRANSITION READINESS SEMINAR**

**Monday-Friday, November 26-30**

**7:45 AM - 4:00 PM • Bldg. 21**

The Senior Leadership Transition Readiness Seminar (SLTRS) provides imperative career information and accommodates the specific needs of senior military leaders. Catering to executive-level leadership and high-profile positions those senior leaders seek, the Senior Leadership TRS expands on the Department of Labor Employment Workshop (DOLEW) curriculum in a more sophisticated peer assemblage. The week-long class incorporates the Pre-Separation Counseling Brief / Core Curriculum covering benefits and entitlements upon retirement from military service. This comprehensive approach is designed to relay practical information that eases the transition from military service into the civilian world. By attending the Senior Leadership TRS, participants gain an in-depth knowledge base in the following areas: skill assessments and marketing strategies, career exploration, networking, today's current job market, hiring and staffing challenges, resume preparation, industry standard interview attire, interview techniques and salary negotiations. Open to O-5, E8, W4 & up within two years of retirement. This session may be full; please call for details.

### **SPOUSE TRANSITION AND READINESS SEMINAR (STARS)**

**Wednesday, November 28**

**10:00 AM - 1:30 PM • Bldg. 21**

The Spouse Transition and Readiness Seminar (STARS) is designed to provide military spouses with the knowledge, information, and resources associated with the Transition Readiness Seminar (TRS). This workshop will relay practical information to alleviate the stressors associated with the transition process such as effects of a career change, change or loss of military benefits and entitlements, and financial and relocation considerations.