

September is Suicide Prevention Awareness Month

If someone is at risk, take time to talk with them in a caring, non-judgmental way. They will experience relief.

Help them stay safe in their environment.

Work with the at-risk individual to create a network of people and resources for support. This will help them to take positive action and reduce feelings of isolation and hopelessness.

Magellan
HEALTHCARE®



Employee Assistance Program
Available 24 hours
1-800-424-5988

Call today or log on to [MagellanAscend.com](https://www.MagellanAscend.com)