

# The rewarding road to recovery

When it comes to substance use challenges, recovery is possible, and treatment works!

1. Acknowledging a substance use problem is the first key step in recovery.
2. Recovery should be viewed as a process rather than a singular event.
3. Ongoing participation in support groups helps people maintain their progress.



Employee Assistance Program  
Available 24 hours  
**1-800-424-5988**

**Call today or log on to [MagellanAscend.com](https://www.MagellanAscend.com)**

