

Education and Career Services

703-614-9104 • www.mccsHH.com/Education.html

- 1, 8, 15, 22, 29** DEFENSE LANGUAGE APTITUDE BATTERY (DLAB) 8 - 10:30 AM
- 1, 8, 15, 22, 29** ARMED FORCES CLASSIFICATION TEST (AFCT) 8 - 11 AM
- 5** SAT 8 AM - 12:30 PM
- 6, 13, 20, 27** DEFENSE LANGUAGE PROFICIENCY TEST (DLPT) 8 AM - 2 PM
- 7, 14, 21, 28** COLLEGE LEVEL EXAMINATION PROGRAM (CLEP)/DANTES SUBJECT STANDARDIZED TEST (DSST) For civilians, the CLEP and DSST cost \$100 each (\$80 plus a \$20 administrative fee). Call 703-525-7275 to schedule. 9 AM - 11PM and 1 PM - 3 PM
- 7, 14, 21, 28** COLLEGE 101/TUITION ASSISTANCE (TA) BRIEF 1:30 PM - 2:30 PM
- 12, 26** TEST OF ADULT BASIC EDUCATION (TABE) 8 AM - 11 PM

WE HAVE MOVED OFFICES, WE ARE NOW IN ROOM 100

All tests are given in Bldg. 29. Call to register. Pentagon Outreach is between Corridors 1 & 2, 2nd Deck, A Ring.

New Parent Support Program

703-614-7204 • www.mccsHH.com/NPSP.html

- 1, 8, 15, 22, 29** JBMHH INDOOR PLAY GROUP 10 - 11:30 AM
Memorial Chapel JBMHH
- 14, 28** LITTLE PATRIOTS PLAY GROUP  10 - 11:30 AM CBIRF
- 16** BABY BOOT CAMP  8:30 AM - 2:30 PM
Bldg. 12, Conf. Rm.
- 14, 21, 28** INFANT MASSAGE NOON - 1 PM CBIRF

Marine Corps Family Team Building

703-693-1253 • www.mccsHH.com/MCFTB.html

- 27** L.I.N.K.S. FOR MCCS 9:30 AM - 2 PM
Bldg. 12 Conf. Rm.

For all MCCS employees



Exceptional Family Member Program

703-693-5353 • www.mccsHH.com/EFMP.html

- 8** IS YOUR CHILD A TARGET OF BULLYING? 11:30 AM - 1 PM
Memorial Chapel JBMHH
- 13** INTRODUCTION TO EFMP 11 AM - Noon
Pent. Lib. Conf. Rm. B8
- 15** PERMANENT DEPENDENCY 11AM - 1 PM
HH Bld. 12 Conf. Rm.
- 21** JOINT SERVICES EFMP OUTREACH 11 AM - 2 PM
Walter Reed Nat. Milit. Med. Cent.
- 22** TAMING THE TORNADO: Understanding and Managing ADHD at Home and at School 11 AM - 1 PM
Pent. Lib. Conf. Rm. B8
- 24** EFMP FAMILY SOCIAL: EGG HUNT & FIELD DAY 1 - 3 PM
Fort Belvoir
- 26** JOINT SERVICES EFMP SUPPORT GROUP 9 - 11 AM Fort
Belvoir Starbucks

To register for the events above, please call 703-693-5353 or 703-696-0783 or email efmphh@usmc-mccs.org.

Personal Financial Management Program

703-614-6950 • www.mccsHH.com/Finance.html

Call to coordinate an individual class tailored to your questions on any subject at any time to fit your schedule.

- 1, 2** Military Saves Week - Understanding the Awesome Rate of Return in the TSP 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 5** Personal Financial Management & Financial Planning 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 6** Personal Credit: Credit Worthiness, Reports, Scores, and Management 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 7** Consumer Awareness: Best Personal Practices vs. Frauds, Scams, and Unwise Purchases 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 8** Strategies for Car Buying 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 22** Home Buying & Mortgages 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 23** Investing: Basics of Stocks, Bonds, Mutual Funds, TSP, & Compound Interest 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 27** Investing: Focus on Mutual Funds 11:30 AM - 1 PM
Bldg. 29, Rm. 100
- 26** Planning for Retirement: From Active Duty; then, For Good 11:30 AM - 1 PM
Bldg. 29, Rm. 100

Call to register by 4:30 PM the day before each class is scheduled.

Career Resource Management Center

703-614-6828 www.mccsHH.com/CRMCclasses.html

*Registration is required to attend all classes
Please check online for registration.*

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| 1, 8, 15, 22, 29 | CAPSTONE REVIEW
(Individual Appointments) | 9 AM - 3 PM
Bldg. 21 |
| 5-9 | TRANSITION READINESS SEMINAR (SEPARATION) | 7:30 AM - 4 PM
Bldg. 21 |
| 12-13 | ACCESSING HIGHER EDUCATION TRACK | 9 AM - 3 PM
Bldg. 21 |
| 14, 28 | VA CLAIMS ASSISTANCE | 7:30 AM - 1 PM
Bldg. 29, Rm. 103 |
| 14 | PRE-SEPARATION COUNSELING BRIEF | 9:30 - 11 AM
Bldg. 21 |
| 14 | CAREER EXPLORATION: FINDING YOUR FOCUS | 1 - 2:30 PM
Bldg. 21 |
| 15 | CRACKING THE CODE TO THE FEDERAL HIRING PROCESS | 10 AM - Noon
Bldg. 21 |
| 15 | UNDERSTANDING THE FEDERAL SES PROCESS & ECQ WRITING | 1 - 3 PM
Bldg. 21 |
| 19-23 | SENIOR LEADERSHIP TRANSITION READINESS SEMINAR AREA OF CONSIDERATION: Open to enlisted and officer ranks no lower than O-5, E-8, and W4 who are within 2 years of retirement. | 7:30 AM - 4 PM
Bldg. 21 |
| 27 | MARKETING YOUR VOLUNTEER EXPERIENCE | 9 - 10:30 AM
Bldg. 21 |
| 27 | MILITARY SPOUSE EMPLOYMENT READINESS & RESOURCES | 10:30 AM - Noon
Bldg. 21 |
| 28 | JOB PREP CRASH COURSE | 8:30 AM - 3 PM
Bldg. 21 |
| 29 | CAREER FAIR STRATEGIES | 9:30 AM - 11 AM
Bldg. 21 |

Information & Referral Program

703-693-5197 • www.mccsHH.com/Information.html

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| 13 | WELCOME ABOARD ORIENTATION | 8 AM - 11 AM
Bldg. 29, Rm. 105 |
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Behavioral Health Programs

703-614-7204 • www.mccsHH.com/BehavioralHealth.html

**Family Advocacy Program/
Victim Services**

703-614-7204 • www.mccsHH.com/FAP.html

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| 1, 8, 15, 22, 29 | ANGER MANAGEMENT
8-week session | 1:30 - 3:30 PM
Bldg. 12
Small Conf. Rm. |
| 5, 12, 19, 26 | WOMEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) 26-week program | 10 AM - Noon
Bldg. 12, Conf. Rm. |
| 6, 13, 20, 27 | COPING WITH WORK AND FAMILY LIFE STRESS | 9:30 - 11:30 AM
CBIRF |
| 7, 14, 21, 28 | MEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) 26-week program | 1 - 3 PM
Bldg. 12, Conf. Rm. |

OPEN AVAILABILITY

TRIPLE P PARENTING INDIVIDUAL MEETINGS AND SEMINARS

MARRIED & LOVING IT!®

HOW TO AVOID FALLING FOR A JERK/JERKETTE

CALL TO SCHEDULE AT YOUR LOCATION!

Registration is required for all classes/workshops.

TO SCHEDULE APPOINTMENTS:

COMMUNITY COUNSELING: 703-614-7204

MILITARY FAMILY LIFE COUNSELORS: 703-414-9885

SUBSTANCE ABUSE COMBAT CENTER: 703-614-8961

WWW.MCCSHH.COM/SACC.HTML

24 HOUR DOMESTIC VIOLENCE HOTLINE: 202-439-6038

SEXUAL ASSAULT PREVENTION AND RESPONSE

SUPPORT LINE: 571-205-1298

DSTRESS HOTLINE: 877-476-7734

*At Henderson Hall unless otherwise noted. Please pre-register.
For more information call 703-614-7200 or visit www.mccsHH.com.
There is no federal or Marine Corps endorsement of commercial sponsors.*