

**Education and Career Services**

703-614-9104 • [www.mccsHH.com/Education.html](http://www.mccsHH.com/Education.html)

- 1, 8, 15, 30** DEFENSE LANGUAGE APTITUDE BATTERY (DLAB) 8 - 10 AM
- 1, 8, 15, 30** ARMED FORCES CLASSIFICATION TEST (AFCT) 8 AM - 11 PM
- 5 SAT** 8 AM - 12:30 PM
- 6, 13, 20, 27** DEFENSE LANGUAGE PROFICIENCY TEST (DLPT) 8AM - 2 PM
- 12, 26** TEST OF ADULT BASIC EDUCATION (TABE) 8 - 10:30 AM
- 14** PENTAGON OUTREACH 9 AM - 3 PM
- 19** ACT 8 AM - Noon

**WE HAVE MOVED OFFICES, WE ARE NOW IN ROOM 100**

All tests are given in Bldg. 29. Call to register. Pentagon Outreach is between Corridors 1 & 2, 2nd Deck, A Ring.

**Exceptional Family Member Program**

703-693-5353 • [www.mccsHH.com/EFMP.html](http://www.mccsHH.com/EFMP.html)

- 2** OUTREACH: PATIENT APPRECIATION 10 AM - 2 PM Conf. Rm. Rader Clinic, Fort Myer
- 7** MFP PENTAGON OUTREACH 10 AM - 1 PM Pent. 2 Flr. Corridor 1/2
- 9** SPECIAL NEEDS, SPECIAL SUPPORT (EFMP Support Group) 11 AM - 1 PM Pent. Lib. Conf. Rm. B9
- 13** ACCESSING COMMUNITY RESOURCES 11 AM - Noon HH, Bldg. 12, Conf. Rm.
- 14** MEET & GREET: CBIRF 11 AM - 1 PM Chaplain's Office - 3399 Strauss Ave. Bldg. 901, NSF Indian Head, MD
- 14** SPECIAL NEEDS FORUM 1:30 - 2:30 PM, Indian Head Lib. Conf. Rm.
- 15** RECREATION INCLUSION OPPORTUNITIES 11 AM - Noon HH, Bldg. 12, Conf. Rm.

To register for the events above, please call 703-693-5353 or 703-696-0783 or email [efmphh@usmc-mccs.org](mailto:efmphh@usmc-mccs.org).



**Behavioral Health Programs**

703-614-7204 • [www.mccsHH.com/BehavioralHealth.html](http://www.mccsHH.com/BehavioralHealth.html)

**Family Advocacy Program/ Victim Services**

703-614-7204 • [www.mccsHH.com/FAP.html](http://www.mccsHH.com/FAP.html)

- 1, 8, 22, 29** WOMEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) Bldg. 12, Conf. Rm. 26-week program 9 AM - 1 PM
- 1, 8, 15, 29** ANGER MANAGEMENT 8-week session 1:30 - 3:30 PM Bldg. 12 Small Conf. Rm.
- 6, 13** ANGER MANAGEMENT 8-week session 9:30 - 11:30 AM CBIRF
- 7, 14, 21, 28** MEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) Bldg. 12, Conf. Rm. 26-week program 1 - 3 PM

**OPEN AVAILABILITY**

COPING WITH WORK AND FAMILY LIFE STRESS  
TRIPLE P PARENTING, INDIVIDUAL MEETINGS AND SEMINARS

MARRIED & LOVING IT!®

HOW TO AVOID FALLING FOR A JERK/JERKETTE

**CALL TO SCHEDULE AT YOUR LOCATION!**

Registration is required for all classes/workshops.

**TO SCHEDULE APPOINTMENTS:**

COMMUNITY COUNSELING: 703-697-8746  
MILITARY FAMILY LIFE COUNSELORS: 703-414-9885  
SUBSTANCE ABUSE COMBAT CENTER: 703-614-8961  
[WWW.MCCSHH.COM/SACC.HTML](http://WWW.MCCSHH.COM/SACC.HTML)

**24 HOUR DOMESTIC VIOLENCE HOTLINE: 202-439-6038**  
**SEXUAL ASSAULT PREVENTION AND RESPONSE SUPPORT LINE: 571-205-1298**  
**DSTRESS HOTLINE: 877-476-7734**

**Information & Referral Program**

703-693-9197 • [www.mccsHH.com/Information.html](http://www.mccsHH.com/Information.html)

- 2, 16** WELCOME ABOARD ORIENTATION 8 - 11 AM Bldg. 29, Rm. 105
- 29** SMOOTH MOVE/PCS CLASS 1 - 3 PM, Bldg. 12

### Career Resource Management Center

703-614-6828 [www.mccsHH.com/CRMCclasses.html](http://www.mccsHH.com/CRMCclasses.html)

*Registration is required to attend all classes  
Please check online for registration.*

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|---------------------|--|-------------------------------------|
| <b>1, 8, 15, 29</b> | <b>CAPSTONE REVIEW</b><br>(Individual Appointments)  | 9 AM - 3 PM<br>Bldg. 21 & 29        |
| <b>5-9</b>          | <b>TRANSITION READINESS SEMINAR (SEPARATION)</b>   | 7:45 AM - 4 PM<br>Bldg. 21          |
| <b>7, 28</b>        | <b>VA CLAIMS ASSISTANCE</b>  | 7:30 AM - 1 PM<br>Bldg. 29, RM. 103 |
| <b>13-14</b>        | <b>BOOTS TO BUSINESS</b>   | 8:30 AM - 4 PM<br>Bldg. 21          |
| <b>13</b>           | <b>ACCESSING HIGHER EDUCATION TRACK</b>  | 9AM - 3 PM<br>Bldg. 29, Rm. 105     |
| <b>15</b>           | <b>PRE-SEPARATION COUNSELING BRIEF</b>   | 9:30 - 11 AM<br>Bldg. 21            |
| <b>26-30</b>        | <b>SENIOR LEADERSHIP TRANSITION READINESS SEMINAR</b> AREA OF CONSIDERATION:<br>Open to enlisted and officer ranks no lower than O-5, E-8, and W4 who are within 2 years of retirement | 7:45 AM - 4 PM<br>Bldg. 21          |
| <b>28</b>           | <b>SPOUSE TRANSITION AND READINESS SEMINAR (STARS)</b>   | 10 AM - 1:30 PM<br>Bldg. 21         |

### New Parent Support Program

703-614-7204 • [www.mccsHH.com/NPSP.html](http://www.mccsHH.com/NPSP.html)

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|---------------------|--|--|
| <b>1, 8, 15, 29</b> | <b>INDOOR PLAY MORNING</b>                 | 10 - 11:30 AM, Memorial Chapel, Ft. Myer |
| <b>5</b>            | <b>1-2-3 MAGIC</b>                         | 1 - 3 PM<br>Bldg. 12, Conf. Rm.          |
| <b>7, 14, 28</b>    | <b>LIL PATRIOTS PLAY GROUP</b>             | 10 - 11 AM, CBIRF                        |
| <b>16</b>           | <b>BABY BOOT CAMP</b>                      | 8:30 AM - 2:30 PM Bldg. 12, Conf. Rm.    |
| <b>19</b>           | <b>COOPERATIVE PARENTING &amp; DIVORCE</b> | Noon - 4 PM Bldg. 12, Conf. Rm.          |

### Marine Corps Family Team Building

703-693-8906 • [www.mccsHH.com/MCFTB.html](http://www.mccsHH.com/MCFTB.html)

- 14-15** OFFICE OF THE SECRETARY OF DEFENSE 8 AM - 3PM  
- BRIEFER TRAINING COURSE Bldg. 29, Rm. 105
- 27-29** OFFICE OF THE SECRETARY OF DEFENSE 8:30 - 11:30 AM  
- INSTRUCTOR TRAINING COURSE Bldg. 29, Rm. 105

### Personal Financial Management Program

703-614-6950 • [www.mccsHH.com/Finance.html](http://www.mccsHH.com/Finance.html)

*Call to coordinate an individual class tailored to your questions on any subject at any time to fit your schedule.*

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|-----------|--|--------------------------------------|
| <b>1</b>  | <b>PERSONAL FINANCIAL MANAGEMENT &amp; FINANCIAL PLANNING</b>                              | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>6</b>  | <b>PERSONAL CREDIT: CREDIT WORTHINESS, REPORTS, SCORES, AND MANAGEMENT</b>                 | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>7</b>  | <b>CONSUMER AWARENESS: BEST PERSONAL PRACTICES VS. FRAUDS, SCAMS, AND UNWISE PURCHASES</b> | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>8</b>  | <b>STRATEGIES FOR CAR BUYING</b>   | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>13</b> | <b>HOME BUYING &amp; MORTGAGES</b>   | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>20</b> | <b>INVESTING: BASICS OF STOCKS, BONDS, MUTUAL FUNDS, TSP, &amp; COMPOUND INTEREST</b>      | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>27</b> | <b>INVESTING: FOCUS ON MUTUAL FUNDS</b>  | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |
| <b>28</b> | <b>PLANNING FOR RETIREMENT: FROM ACTIVE DUTY; THEN, FOR GOOD</b>                           | 11:30 AM - 1 PM<br>Bldg. 29, Rm. 100 |

*Call to register by 4:30 PM the day before each class is scheduled.*

### School Liaison Program

703-693-8378 • [www.mccsHH.com/SL.html](http://www.mccsHH.com/SL.html)

The School Liaison is available to provide information and resources for K-12 school aged children

*Please call for info and other training inquires.*

- 13, 27** **MARINES MENTORING PGM.** 11 AM - 1:00 PM  
A volunteer opportunity for Marines to interact with young learners in the Arlington area. 12:40 - 1:10 PM  
2:00 - 2:45 PM  
Longbranch Elem. Sch.