

Education and Career Services

703-614-9104 • www.mccsHH.com/Education.html

- 3, 10, 17, 31** DEFENSE LANGUAGE APTITUDE BATTERY (DLAB) 8 - 10 AM
- 3, 10, 17, 31** ARMED FORCES CLASSIFICATION TEST (AFCT) 8 AM - 11 PM
- 7, 14, 28** TEST OF ADULT BASIC EDUCATION (TABE) 8 - 10:30 AM
- 8, 15, 29** DEFENSE LANGUAGE PROFICIENCY TEST (DLPT) 8AM - 2 PM
- 9** PENTAGON OUTREACH 9 - 3 AM

WE HAVE MOVED OFFICES, WE ARE NOW IN ROOM 100

All tests are given in Bldg. 29. Call to register. Pentagon Outreach is between Corridors 1 & 2, 2nd Deck, A Ring.

Exceptional Family Member Program

703-693-5353 • www.mccsHH.com/EFMP.html

- 8** INTRODUCTION TO EFMP 11 AM - Noon HH, Bldg. 12, Conf. Rm.
- 9** MARINE & FAMILY PROGRAMS PENTAGON OUTREACH 10 AM - 1 PM Pentagon, 2nd Fl, Apex 1/2
- 17** SSI/SSDI & MEDICAID WAIVERS 11 AM - Noon HH, Bldg. 12, Conf. Rm.
- 25** IS YOUR CHILD A TARGET OF BULLYING 11 AM - 1 PM Pent. Lib. Conf. Rm. B10

To register for the events above, please call 703-693-5353 or 703-696-0783 or email efmphh@usmc-mccs.org.

Behavioral Health Programs

703-614-7204 • www.mccsHH.com/BehavioralHealth.html

Family Advocacy Program/ Victim Services

703-614-7204 • www.mccsHH.com/FAP.html

ONGOING CLASSES:

PRE-REGISTRATION REQUIRED FOR ALL PARTICIPANTS TO PRE REGISTER CALL: 703-614-7204

- 9, 16, 23, 30** ANGER MANAGEMENT 8-week session 1:30 - 3:30 PM Bldg. 12 Small Conf. Rm.
- 3, 10, 17, 24, 31** MEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) 26-week program 1 - 3 PM Bldg. 12, Conf. Rm.
- 7, 14, 21, 28** WOMEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) 26-week program 9 - 11 AM Bldg. 12, Conf. Rm.

CLASSES AVAILABLE FOR SCHEDULING INDIVIDUALLY OR FOR UNIT TRAININGS/ SMALL GROUPS CALL FOR MORE INFORMATION: 703-693-9146

- COPING WITH WORK AND FAMILY LIFE STRESS
- TRIPLE P PARENTING, INDIVIDUAL MEETINGS AND SEMINARS
- MARRIED & LOVING IT!®
- HOW TO AVOID FALLING FOR A JERK/JERKETTE

TO SCHEDULE APPOINTMENTS:

COMMUNITY COUNSELING: 703-614-7204
MILITARY FAMILY LIFE COUNSELOR: 703-414-9885
SUBSTANCE ABUSE COMBAT CENTER: 703-614-8961
WWW.MCCSHH.COM/SACC.HTML

24 HOUR DOMESTIC VIOLENCE HOTLINE: 202-439-6038
SEXUAL ASSAULT PREVENTION AND RESPONSE SUPPORT LINE: 571-205-1298
DSTRESS HOTLINE: 877-476-7734

At Henderson Hall unless otherwise noted. Please pre-register. For more information call 703-614-7200 or visit www.mccsHH.com. There is no federal or Marine Corps endorsement of commercial sponsors.

School Liaison Program

703-693-8378 • www.mccsHH.com/SL.html

8, 22 MARINES MENTORING, LUNCH BUDDY 11 AM - 1:00 PM
12:40 - 1:10 PM
2:00 - 2:45 PM
Long branch Elem. Sch.

The School Liaison is available to provide information and resources for K-12 school aged children

Career Resource Management Center

703-614-6828 www.mccsHH.com/CRMCclasses.html

*Registration is required to attend all classes
Please check online for registration.*

2, 16 VA CLAIMS ASSISTANCE 7:30 AM - 1 PM
Bldg. 21, Rm. 103

3, 10, 17, 24, 31 CAPSTONE REVIEW (Individual Appointments) 9 AM - 3 PM
Bldg. 21

7-11 TRANSITION READINESS SEMINAR (SEPARATION) 7:45 AM - 4 PM
Bldg. 21

14-18 TRANSITION READINESS SEMINAR (RETIREMENT) 7:45 AM - 4 PM
Bldg. 21

22 ACCESSING HIGHER EDUCATION TRACK 9 AM - 3 PM
Bldg. 29, Rm. 104

22-23 CAREER EXPLORATION AND PLANNING TRACK 9 AM - 3 PM
Bldg. 21

24 PRE-SEPARATION COUNSELING BRIEF 9:30 - 11 AM
Bldg. 21

25 PERSONAL READINESS SEMINAR 8 AM - Noon
Rosenthal Theater

28 - Feb 1 SENIOR LEADERSHIP TRANSITION READINESS SEMINAR AREA OF CONSIDERATION: O5's & above, E8's & above, and W5's 7:45 AM - 4 PM
Bldg. 21

New Parent Support Program

703-614-7204 • www.mccsHH.com/NPSP.html

8, 15, 22, 29 INFANT MASSAGE 11:30 AM - 1 PM
Marine Barracks, DC

10, 17, 24, 31 INDOOR PLAY MORNING 10 - 11:30 AM, Memorial Chapel, Ft. Myer

9, 16, 23, 30 LIL PATRIOTS PLAY GROUP 10 - 11 AM, CBIRF

25 BABY BOOT CAMP 8:30 AM - 2:30 PM Bldg. 12, Conf. Rm.

Marine Corps Family Team Building

703-693-8906 • www.mccsHH.com/MCFTB.html

8, 15, 22, 29 THE 5 LOVE LANGUAGES FOR SINGLES LUNCH & LEARN SERIES 11:45 - 12:45 AM, Memorial Chapel, Ft. Myer

Information & Referral Program

703-693-9197 • www.mccsHH.com/Information.html

4, 18 WELCOME ABOARD ORIENTATION 8 - 11 AM
Bldg. 29, Rm. 104

31 SMOOTH MOVE PCS CLASS 1 - 3 PM, Bldg. 12, Conference Rm.

Personal Financial Management Program

703-614-6950 • www.mccsHH.com/Finance.html

Call to coordinate an individual class tailored to your questions on any subject at any time to fit your schedule.

Call to register by 4:30 PM the day before each class is scheduled.