



Semper 5K

JOINT BASE MYER-HENDERSON HALL

WEDNESDAY, OCTOBER 11
6:45 AM • SMITH GYM

First 100 to register receive free race t-shirt!

Top 3 male & female runners receive medals

Check-in and Late Registration onsite 5:30 - 6:30 a.m. in Smith Gym

Pre-Register online through 8 October

www.mccsHH.com/OohRahRunSeries



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**PACERS
RUNNING®**



For all active duty personnel and DOD civilians ages 18 & up