

MCCS Henderson Hall Semper Fit

2015 Events

OOHRAH RUN SERIES

- Apr 15 Spring Salute 5K Race
- May 13 Iwo Jima 7K Race
- Jun 17 Chesty's 5K Race
- Sep 16 Devil Dog 7K Race
- Oct 14 Remembrance 5K Race

See www.mccsHH.com/OohRahRunSeries
for more information and to register
or call 703-614-6332



FUN RUNS

- Oct 7 Navy Mutual Aid Association Semper Fi-ve K
- Nov 13 JBM-HH Turkey Trot 5K

