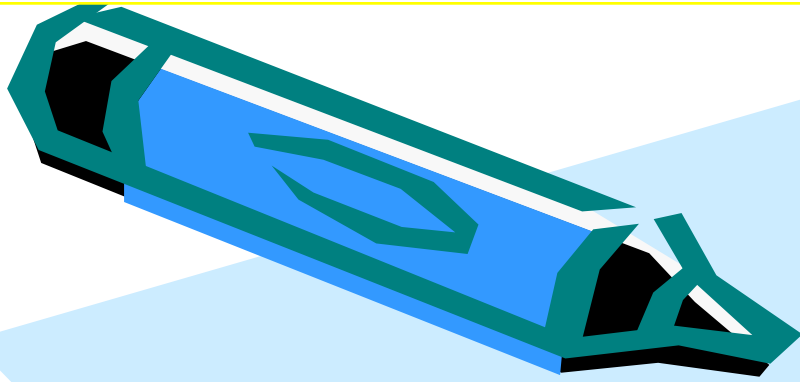




**"PROTECT WHAT
YOU'VE EARNED"**

**SUBSTANCE ABUSE
ORIENTATION**

**FOR INCOMING
NCR AREA MARINES**



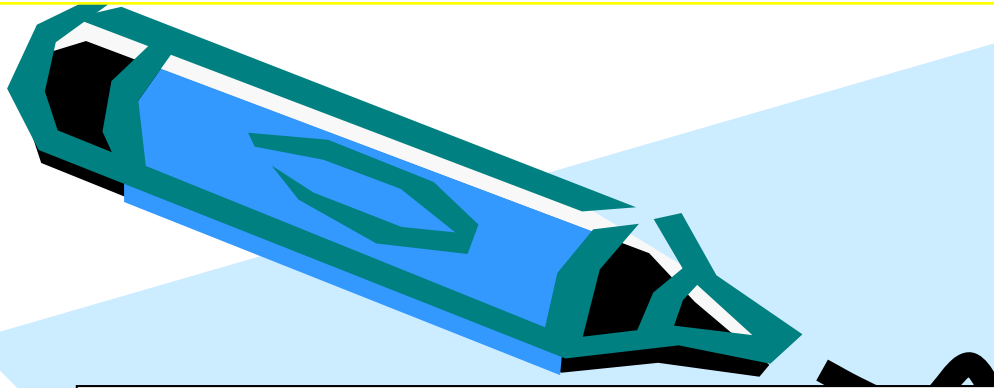
BACKGROUND

- ❑ WHAT KEEPS GENERAL BERGER UP AT NIGHT?
 - ❑ WORRYING ABOUT MARINES, THAT'S WHAT
 - ❑ WHAT DOES THE COMMANDANT WANT?
 - ❑ THINK SAFETY - CMC WANTS MARINES TO "PROTECT WHAT YOU HAVE EARNED."



BACKGROUND

- Keep in mind that with substance abuse issues, it is often better to
- Think of what you can do, i.e. Doing the things you know that you need to do to take care of yourself!
- The following 4 takeaways will help you:



Takeaway #1

Alcohol Impairs Judgment

(So plan ahead ----- don't wait until you're in a crazy situation to try and Make "responsible" decisions).

Takeaway #2

Marine Corps Policy

- Substance Abuse, to include alcohol misuse, illegal drug use & distribution, and legal & prescription drug abuse:
 - Undermines Marines' performance
 - Is contrary to our Marine Corps mission
 - WILL NOT BE TOLERATED.



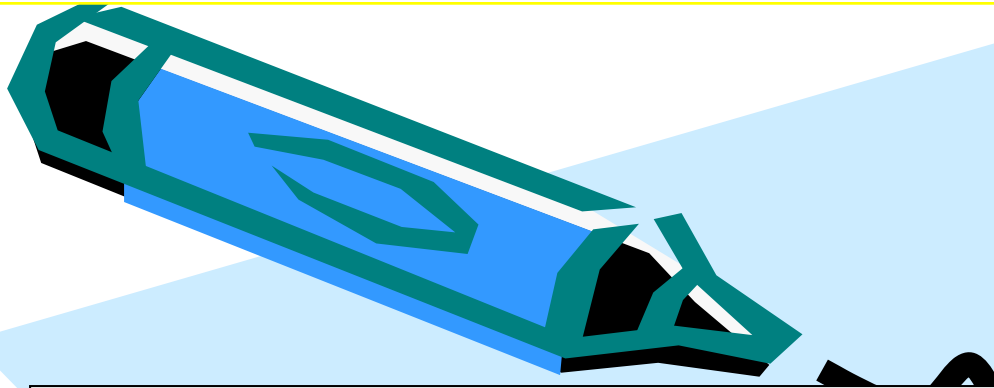
□ AND NOW, A WORD FROM OUR SPONSORS - ABOUT CBD OIL

- Marine Corps holds you ultimately responsible for whatever---as in WHATEVER... you decide to put into your system, so
- DON'T BELIEVE THE HYPE, because
- Local Marines HAVE tested positive for THC in spite of their apparent certainty that the CBD OIL product they chose to ingest "...Is Legal."



SOMETHING TO THINK ABOUT

- ❑ Why (1) Have a substance abuse policy, (2) What is its purpose, and (3) What do you stand to gain from it?
 - ❑ If you accept the premise that America loves its Marines (You) because you are “good” at what you do, then
 - ❑ CMC’s strategy uses the below policy objectives to get rid of anything that gets in the way of you being effective, i.e. being able to “put rounds down range.”



POLICY OBJECTIVES

- Marines should be familiar with the USMC Substance Abuse Policy objectives which are to
 - Identify
 - Refer
 - Treat & Educate w/appropriate discipline
 - Return Marines to Duty
 - Separate (Only when required).



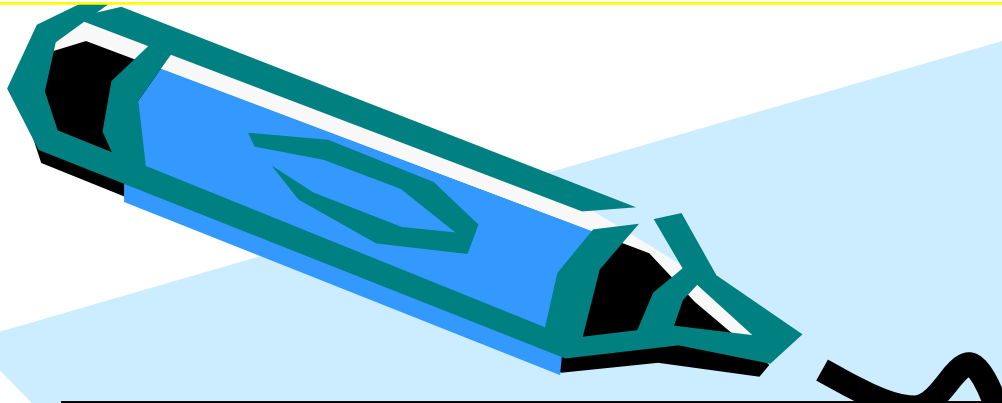
KEY ELEMENTS SUPPORTING CMC POLICY

- Deterrence (10% monthly testing for drugs AND alcohol)
- Prevention---predominantly PME (education)
- Timely intervention - methods of intervening
- Effective treatment - at appropriate stages in the continuum
- Recovery-managed through six-month aftercare program
- Appropriate discipline (when called for)
- Restoration to full duty or separation.

SUBSTANCE ABUSE COMBAT TEAM

- ❑ **SACC Consists Of**
 - ❑ Two Certified Clinical Counselors
(Screenings & Assessments, Etc...)
 - ❑ One Drug Demand Reduction Coordinator
(Deterrence, Prevention & Outreach)

- ❑ **SACC + SACOs + Unit Leadership**
=
Effective Substance Abuse Combat Team



Takeaway #3

SACC is approachable

- You can come by and visit SACC in Building #12 adjacent to the Henderson Hall car wash, or
- Call (703) 614-8961

Takeaway #4

SACC is here to help you

- ❑ SACC works with your Unit SACO to facilitate your responsible substance use habits through
 - ❑ Prevention & Deterrence, to include outreach
 - ❑ Intervention, i.e. screenings, assessments, referrals, treatment and aftercare.

YOUR FRIENDLY UNIT SACO

❑ WHAT IS THE ROLE OF THE SACO WITHIN THE UNIT?

- ❑ Unit's Substance Abuse Duty Expert
- ❑ Represents the face of deterrence
- ❑ Coordinates prevention training
- ❑ Serves as liaison with the SACC.

YOUR SACO

- ❑ Who is YOUR SACO and how can you contact him/her?
 - ❑ YOUR SACO is the Highly Motivated, Truly Dedicated

 - ❑ You can visit YOUR SACO for contribution purposes in

 - ❑ You may also contact YOUR SACO by calling _____

